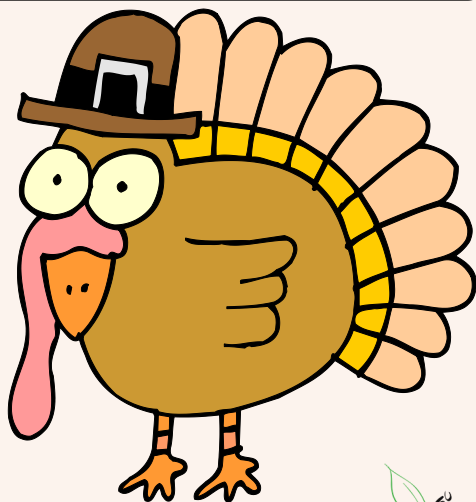


Menus for November 2024



Henry County
Elementary
After School
Snack Program



This institution is an equal opportunity provider.
Menus are subject to change.

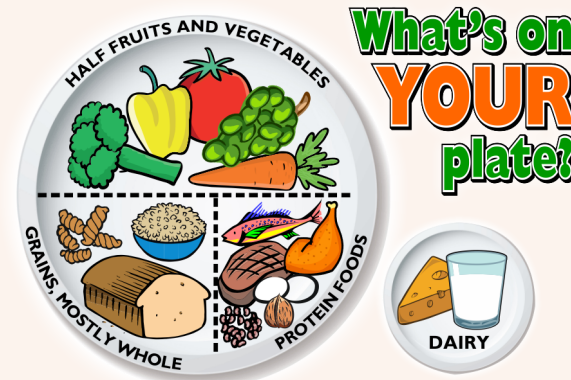


PLAY TOGETHER.

Think it's tough to get that 30 minutes of exercise most days that experts recommend for good health? It's easier to do with a partner, and it's easier still with an entire family -- YOURS! Thanksgiving weekend is the perfect time to start. And let the little kids play, too!

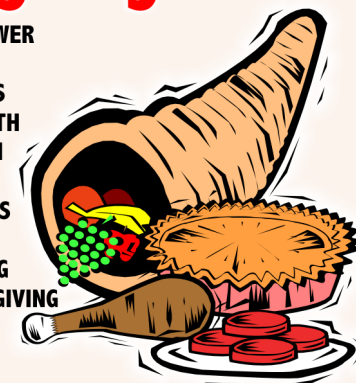


EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Find the two dozen Thanksgiving words!

- AMERICA
- MAYFLOWER
- COLONY
- PIE
- COOK
- PILGRIMS
- CORN
- PLYMOUTH
- ENGLAND
- PUMPKIN
- FALL
- SAIL
- FAMILY
- SETTLERS
- FEAST
- SQUASH
- FREEDOM
- STUFFING
- GRAVY
- THANKSGIVING
- HARVEST
- TURKEY
- MAIZE
- YAMS



Monday, Nov. 4
WG Muffin
Milk

Tuesday, Nov. 5
No School

Wednesday, Nov. 6
Smart Snack Chips
100% Fruit Juice

Thursday, Nov. 7
Mini Bagels
100% Juice

Friday, Nov. 8
WG Cereal
Milk

Monday, Nov. 11
WG Poptart
Milk

Tuesday, Nov. 12
Corn Dog
(Ketchup & Mustard)
100% Juice

Wednesday, Nov. 13
Smart Snack Chips
100% Fruit Juice

Thursday, Nov. 14
Goldfish Crackers
100% Fruit Juice

Friday, Nov. 15
Mini Chocolate Chip
WG Cookies
Milk

Monday, Nov. 18
WG Muffin
Milk

Tuesday, Nov. 19
WG Frudel
100% Juice

Wednesday, Nov. 20
Smart Snack Chips
100% Fruit Juice

Thursday, Nov. 21
Mini Bagels
100% Juice

Friday, Nov. 22
WG Cereal
Milk

S M K E Y D E Z I A M C N N
P U M P K I N G G K A O G Z
M C M R G L G M C O L O N Y
O M O C R H L F F T T K I X
B I D S Q U A S H S E D V P
A S E C O R N M A E A D I I
J E E I P A D E E V G W G L
E N R T I L F M Y R N J S G
O O F M T K Y E S A I L K R
O C D R G L K M E H F C N I
L I I P I R E W O L F Y A M
B S G M U L A R B U U W H S
Z F A T P O D V S I T U T A
J F A L L S M A Y H S H Z B



Learn more at www.CHOOSEMYPLATE.gov or
http://kidshealth.org/kid/stay_healthy/food/pyramid.html